



ST. JOSEPH'S PUBLIC SCHOOL

Affiliated to C.B.S.E. (New Delhi)
Affiliation No. 331070

SARAI (VAISHALI), BIHAR-844125
Contact No : 9835051187, 7070527052

Ref. SJPS/098/2025

Date : 02/06/2025

HEALTH AND WELLNESS COMMITTEE SESSION- 2025-26

The School Health Programme was launched by the Ministry of Education and Ministry of Health and Family Welfare under the aegis of Ayushman Bharat CBSE Circular no. Acad-83/2022. The Programme envisages two teachers in each school as Health and Wellness Ambassadors, Who will conduct ge appropriate and culturally sensitive prevention and promotion activities in schools to improve the Health and well-being of school gining children in grades- VI, VII, VIII, IX and XI.

The Programme will focus on following themes :

1. Growing up Healthy
2. Emotional Well-being and Mental Health
3. Interpersonal Relationships
4. Values and Responsible Citizenship
5. Gender Equality
6. Nutrition, Health and Sanitation
7. Prevention and Management of Substance Misuse.
8. Promotion of Healthy Lifestyle
9. Reproductive Health and HIV Prevention.
10. Safety and Security against Violence and Injuries.
11. Promotion of Safe Use of Internate, Gadgets and Media

The Health ans wellness Committee-re-constituted as under for the Session- 2025-26 Following

S.N.	Name of the Member	Official Position	Designation
1	RAJIV KUMAR MEHTA	PRINCIPAL	Head of Committee
2	BERNARD MURMU	TGT	SCHOOL AMBASSADOR
3	SHAH ALAM KHAN	TGT	SCHOOL AMBASSADOR
4	ANTOLAL MURMU	TGT	Co-ordinator
5	MUKUND KUMAR	TGT	Co-ordinator

Rajiv Kumar Mehta

Principal

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